



## Disclosures

I have no financial disclosures.

The views expressed herein do not necessarily reflect the official policies of the City and County of San Francisco; nor does mention of the San Francisco Department of Public Health imply its endorsement.

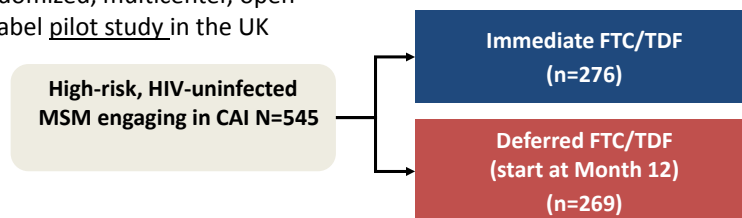
# Outline

- Pre-Exposure Prophylaxis
  - PROUD
  - Ipergay
  - Partners PrEP +TasP
  - FACTS 001
  - Safety
- HIV Epidemiology
- Hormonal Contraception
- A few other interesting abstracts

McCormack #22LB

## Pragmatic Open-Label Randomized Trial of Pre-Exposure Prophylaxis: PROUD Study

Randomized, multicenter, open-label pilot study in the UK



**Primary endpoint:** HIV seroconversion between randomization and Month 12  
**Secondary endpoints:** Safety, adherence, sexual behavior, resistance development

**Oct 16, 2014: the PROUD Trial Steering Committee announced that participants on the deferred arm of the study, who had not yet started PrEP, would be offered the opportunity to begin PrEP ahead of schedule**

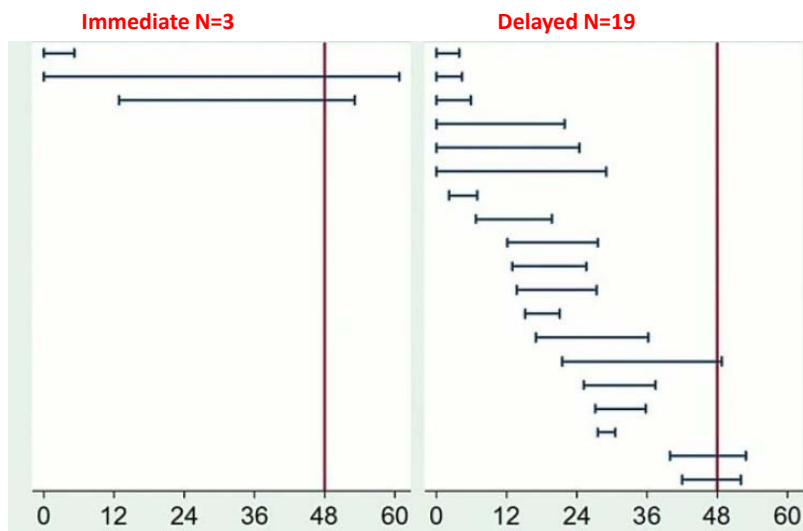
CAI: Condomless anal intercourse  
All subjects received comprehensive HIV prevention services, including condoms, risk-reduction counseling, testing and treatment for sexually transmitted infections, and HIV pre- and post-test counseling

## Demographics and PrEP Use

	Immediate	Deferred
Age, median (IQR)	35 (30-43)	35 (29-42)
White Race	80%	82%
Born UK (No)	40%	40%
Education (University)	59%	60%
Full Time Employment	70%	73%
Currently Single	53%	55%
Recreational drug use	76%	64%

- 14 (5%) of those in the immediate arm never started PrEP.
- Overall, drug prescribed covered 86% of days of follow-up.
- Rare use of PrEP in the deferred arm
  - PEP use common 83 (31%) of participants

## Individual Incident HIV Infections



# PROUD Results

## HIV Incidence

Group	Infections, n	Follow-up (PY)	Incidence/100 person-years (90% CI)
Overall	22	453	4.9 (3.4-6.8)
Immediate	3	239	1.3 (0.4-3.0)
Deferred	19	214	8.9 (6.0-12.7)

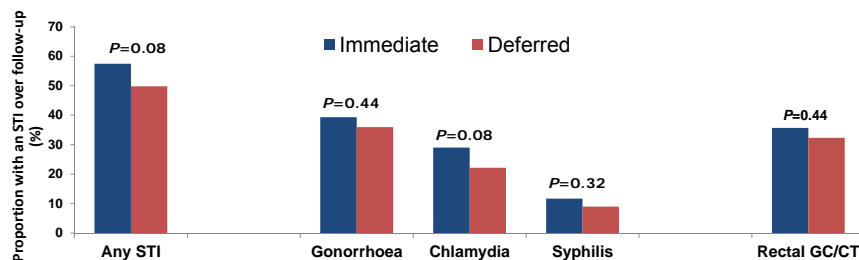
**86% (90% CI 58-96%) Risk Reduction  $P=0.0002$**

**Number needed to treat=13 (90% CI: 9-25)**

Resistance: 3 individuals developed M184V/I, no K65R

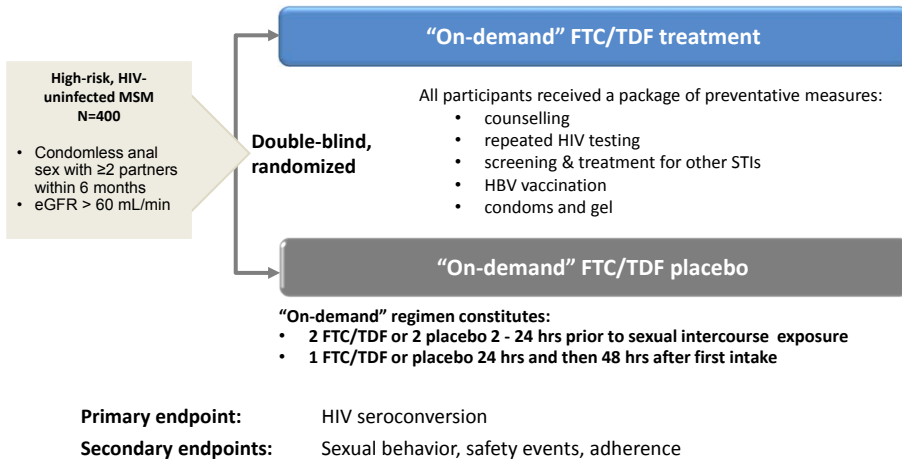
## Reported Sexual Risk Behavior and STIs

Anal sex partners in past 90 days, median (IQR)	Baseline, n=539	
	Immediate	Deferred
Total	10.5 (5-20)	10 (4-20)
Condomless receptive	3 (1-5)	2 (1-5)
Condomless insertive	2.5 (1-6)	3 (1-7)



**974 Screens in Immediate Group**  
**749 Screens in the Delayed Group**

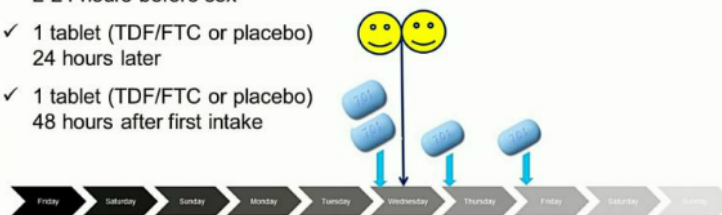
# Ipergay Trial



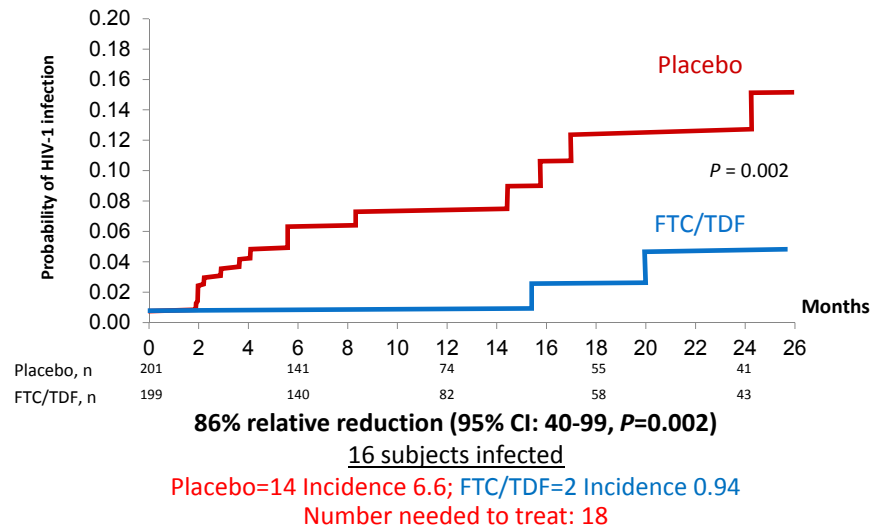
**Oct. 23, 2014, the DSMB recommended that the placebo arm be discontinued and patients be offered switching into the treatment arm.**

# Ipergay Event Level PrEP

- ✓ 2 tablets (TDF/FTC or placebo) 2-24 hours before sex
- ✓ 1 tablet (TDF/FTC or placebo) 24 hours later
- ✓ 1 tablet (TDF/FTC or placebo) 48 hours after first intake



## Kaplan-Meier Estimates of Time to HIV-1 Infection (mITT)



## Safety

- PrEP interrupted by 28 participants (from both groups)
- Only **13 thought to be related to Truvada**:
  - Nausea, diarrhea, abd pain, or fatigue (n=5)
  - Decline in CrCl (n=2)
  - Headache (n=2)
  - Joint pain (w fatigue in one case) (n=2)
  - Sleep disturbance (n=1)
  - Flu-like illness (n=1)
- PrEP was **restarted in 11/13 participants**.

## Adherence to PrEP Surrounding Recent Sexual Intercourse – CASI Assessment

PrEP use, % (min-max)	FTC/TDF n=649 sex events	Placebo n=563 sex events	Total % (min-max)
Correct use*	45 (36-57)	40 (22-49)	43 (35-51)
Suboptimal use	27 (14-35)	31 (18-44)	29 (20-38)
No PrEP	27 (15-37)	29 (24-44)	<b>28 (20-38)</b>

\*According to the protocol or at least one pill before and one pill after sex

### Median Number of pills used per month

16 (10-23) in placebo arm

16 (12-24) in FTC/TDF arm

## Sexually Transmitted Infections

	FTC/TDF n=199 N (%)	Placebo n=201 N (%)	P-value
<b>Chlamydia</b>	43 (22)	34 (17)	0.23
<b>Gonorrhea</b>	38(19)	45 (22)	0.42
<b>Syphilis</b>	19 (10)	19 (10)	0.98
<b>HCV</b>	3 (<2)	3 (<2)	1.0
<b>Any STI</b>	76 (38)	65 (32)	0.22

**70% reported condomless anal sex throughout the study**

## Adverse Events

	FTC/TDF, n=199 N (%)	Placebo, n=201 N (%)	P-value
<b>Any AE</b>	184 (92)	178 (89)	0.18
<b>Any Serious AE</b>	18 (9)	16 (8)	0.70
<b>Any Grade 3 or 4 AE</b>	17 (9)	14 (7)	0.56
<b>Tx D/C 2° to AE</b>	1	0	
<b>Drug Related GI AEs</b>	25 (13)	11 (6)	0.013
Nausea/vomiting	15	2	
Abd pain	11	4	
Diarrhea	7	5	
<b>Grade 1 Creatinine</b>	28 (14)	15 (7)	0.042
Proteinuria $\geq$ 2+	10 (5)	9 (5)	0.83
Glycosuria $\geq$ 2+	1 (1)	0 (0)	1.00
<b>All Grade ALT</b>	33 (17%)	26 (13%)	0.37
<b>Grade 3 or 4 ALT</b>	1 (1)*	4 (4)**	0.36

\* Acute HCV infection

\*\* Acute HCV in 3 and syphilis in one

## CDC Press Statement

For Immediate Release: Tuesday, February 24, 2015  
 Contact: [National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention](#)  
 (404) 639-8895  
[NCHHSTPMediaTeam@cdc.gov](mailto:NCHHSTPMediaTeam@cdc.gov)

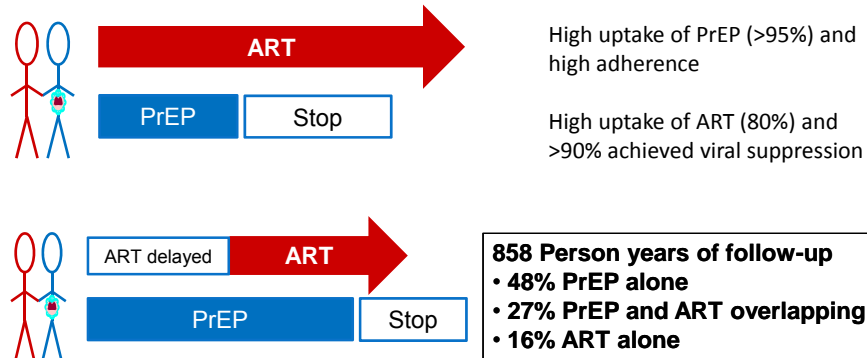
### CDC Statement on IPERGAY Trial of Pre-Exposure Prophylaxis (PrEP) for HIV Prevention among Men Who Have Sex with Men

**“...CDC continues to recommend daily dosing of PrEP and urges people at substantial risk for HIV infection and their health care providers to continue to follow current CDC guidelines.”**

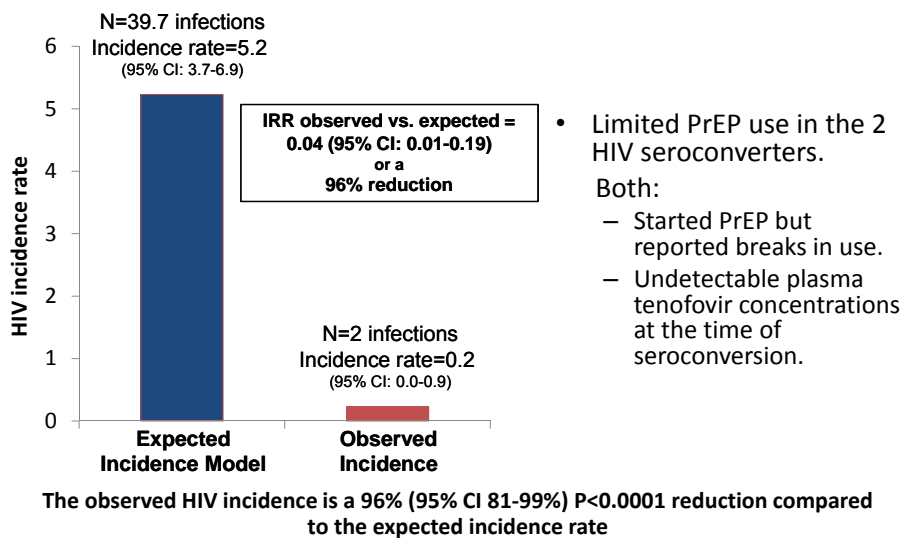


## Partners PrEP + TasP for HIV Serodiscordant Couples

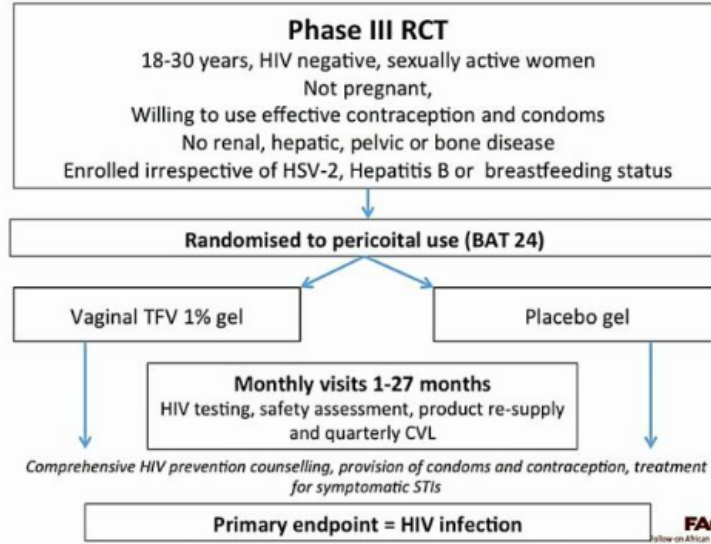
PrEP is offered as a 'bridge' for the first 6 months  
after ART initiation by the HIV-infected partner



## Partners PrEP + TasP: HIV Incidence



# FACTS 001



## Baseline Characteristics

	TFV gel n= 1015 %	Placebo gel N=1014 %
Mean Age (IQR)	23 (20-25)	23 (20-25)
Single	89%	89%
Living with parents/siblings	61%	63%
Secondary Educ. Or higher	56%	56%
Anal sex	1%	1%
Consistent condom use	35%	32%
Perceived HIV risk > than usual	18%	17%
Median no. of partners	1 (1-1)	1 (1-1)
HSV-2 seroprevalence	43%	40%

## Primary Effectiveness Results (mITT)

	TFV gel N= 1015 %	Placebo gel N=1014 %
Person Years	1515	1521
HIV Infections	61	62
<b>HIV Incidence per 100 py (95% CI)</b>	<b>4.0 (3.1-5.2)</b>	<b>4.0 (3.1-5.2)</b>

**Incident Rate Ratio 1.0 (95% CI 0.7-1.4)**

## Adherence

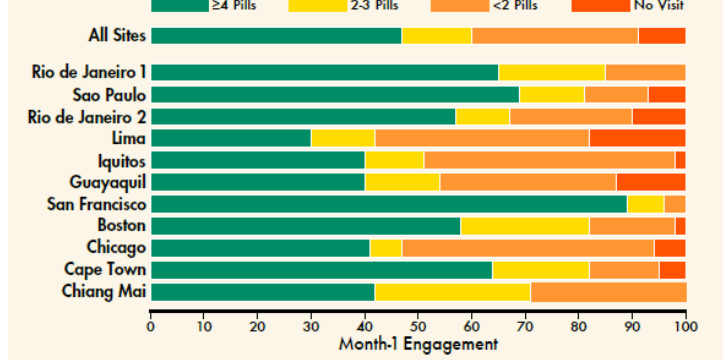
- Case-cohort of 214 women with 1075 cervical vaginal lavage (CVL) samples
  - 64% of samples with any TFV detected
- Percent of women:
  - 22% TFV detected at all quarterly visits
  - 65% TFV detected at some quarterly visits
  - 13% TFV never detected at quarterly visits

TFV detected in samples from women who reported sex in 10 days preceding CVL

**aHR 0.48 (0.23-97) p=0.04**

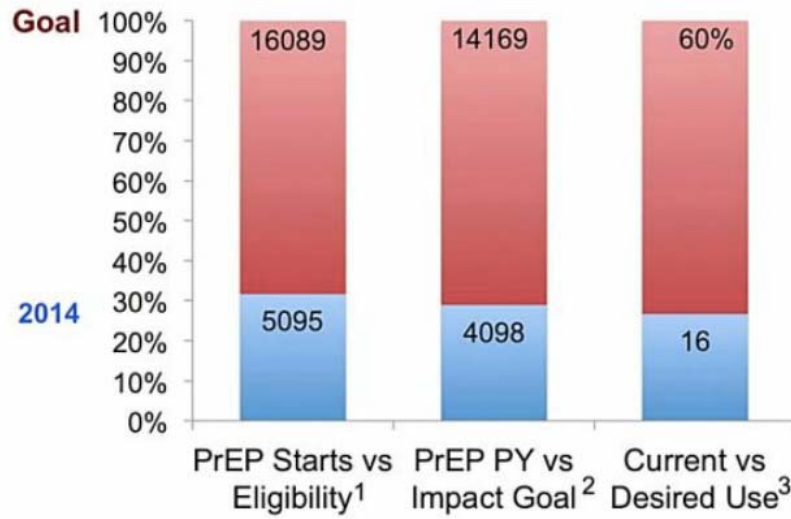
## Variable PrEP Engagement in iPrEx OLE

One Month Engagement by Site



1603 HIV- participants, 1125 (76%) initiated PrEP  
 1005 of initiators (84%) attended the 12 month visit  
 813 had been dispensed PrEP at the last visit,  
**354 (29%) of PrEP initiators had TFV-DP levels c/w ≥4 pills/week**

## SF: Current PrEP use 1/3 of goal



## PrEP Adverse Events And Resistance

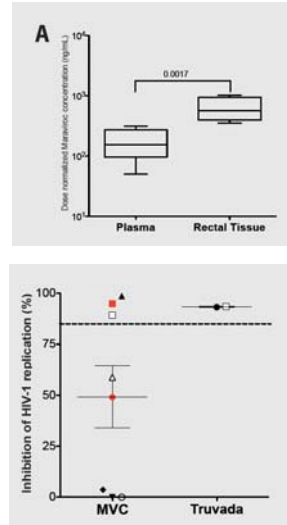
Adverse Event	
<b>Start-up Syndrome</b>	1-18.5% with nausea, vomiting +/- dizziness
<b>Renal Toxicity</b>	0.2% Grade 2-4 Creatinine elevations among 5469 pts randomized to TDF/FTC
<b>Bone Mineral Density</b>	0.4-1.5% BMD loss. Return toward baseline after d/c. No increased fracture risk.
<b>HIV Resistance among seroconverters</b>	3.7% (9/243) 0.06% of those receiving PrEP after excluding likely transmitted resistance

## New PrEP Agents

- Maraviroc – HPTN 069/ACTG A5305
- Long Acting Agents
  - Rilpivirine LA – HPTN 076
  - Cabotegravir – HPTN 077/ÉCLAIR
  - Immunotherapies (VRC01) – HVTN / HPTN 081

## Maraviroc

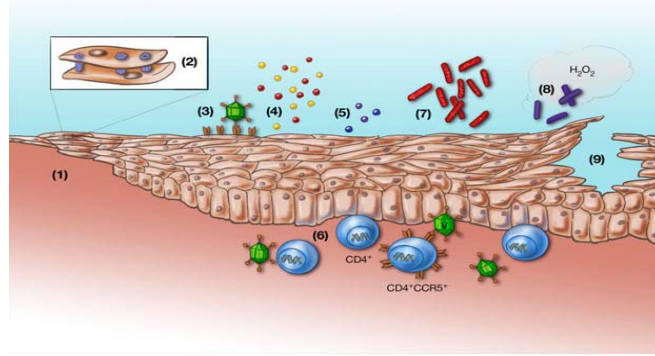
- Maraviroc does concentrate in rectal tissue compared to plasma.
- However, single dose of 600mg or 300mg did not prevent ex vivo R5 HIV-1 infection in rectal mucosa 4 hours after dosing.
- Complete inhibition of infection in those receiving Truvada for 10 days.
- PK/PD study also showed lack of efficacy in vaginal and rectal ex vivo HIV-1 challenge.
  - Fox Abstract #86LB



## Themed Discussion

- Recent meta analysis of 18 studies (37, 124 women).
  - aHR compared to no HC:
    - DMPA - 1.50 (1.25-1.83)
    - NET-EN - 1.24 (0.84-1.82)
    - COC - 1.03 (0.88-1.20)
  - Effect estimates reduced for studies at lower risk of bias DMPA 1.22 (0.99-1.5)
- Several mechanisms for biological plausibility including CCR5.

# Hormonal Contraception



1. Thinning of the epithelium
2. Disruption of tight junctions
3. Upregulation of syndecans
- 4/5. Increases in pro-inflammatory or decrease in protective mediators
6. **Increases in CCR5 expressions**
- 7/8. **Changes in microbiome**
9. Increase in HSV or other STIs, ulcerative lesions

Murphy et al AJRI 2014

## Changes in CCR5 Expression and Vaginal Microbiome

- Estrogen replacement was associated with lower CCR5+ Expression in postmenopausal women.
  - Meditz Abstract # 859
- CCR5+ expression in CD4+ and CD8+ T cells from the peripheral blood was higher among women using the levonorgestrel releasing-IUD.
  - Tsibiris Abstract #858
- Rise in progesterone during luteal phase associated with increased CCR5+ expression.
  - Swaims Abstract #862
- DMPA led to sustained, and statistically significant declines in vaginal bacterial concentration and cytokine levels.
  - Roxy Abstract #861

## Treatment as Prevention & Epidemiology

Gardner Abstract #101

### Time with HIV VL >1500 copies/ml

- Observational cohort of 14,532 HIV patients in care at 6 clinics in US.
- 4/1/2009- 3/31/2013, followed for at least 12 months.
  - 90.5% prescribed ART
- Multiple viral loads provides a longitudinal view of VL results.
  - Median #Viral load test: 9 (2-40)



# Time with HIV VL >1500 copies/ml

23.1% of observed time VL exceeded 1,500 copies  
 54% of patients had some time above 1,500 copies

N=14,532	% of time VL exceeded 1500 copies	Adjusted rate ratio	95% CI	p-value
<b>Age at initial VL in analysis</b>				
16-39	32.1	1.38	1.30, 1.46	<0.001
40-49	22.8	1.18	1.12, 1.25	<0.001
50-85	16.5	ref.		
<b>Race/ethnicity</b>				
Black	26.1	1.24	1.16, 1.32	<0.001
Hispanic	19.7	0.98	0.90, 1.06	0.610
Other	12.4	0.72	0.55, 0.93	0.011
White	16.0	ref.		
<b>Gender/orientation</b>				
MSM	20.1	0.94	0.89, 0.99	0.024
Women	25.1	1.01	0.97, 1.06	0.588
Heterosexual Men	23.6	ref.		

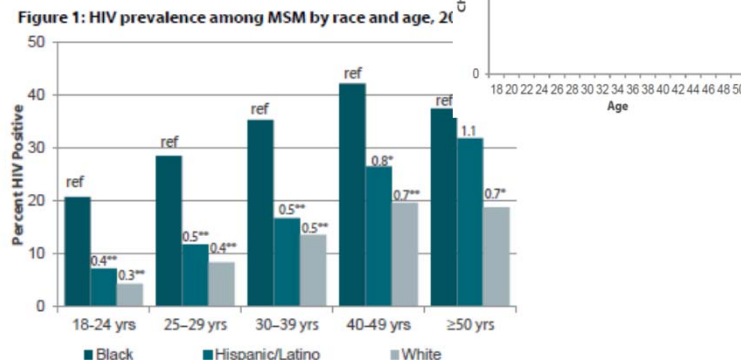
Higher % time above 1500 copies:

1. Young pts
2. Black pts
3. Pts not on ART
4. Pts with more intervals >6 months between VL measures
5. Medicaid or Ryan White.

**No adherence data or sexual risk behavior data**

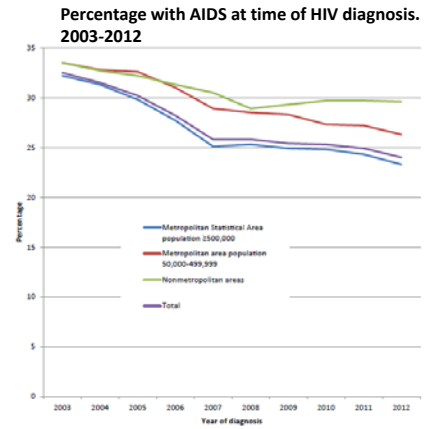
# Increasing racial/ethnic HIV disparities among US MSM

- Used nationally representative CDC Data from 20 US cities – NHBS.
- Black MSM had higher HIV prevalence, and had lower awareness of HIV infection.



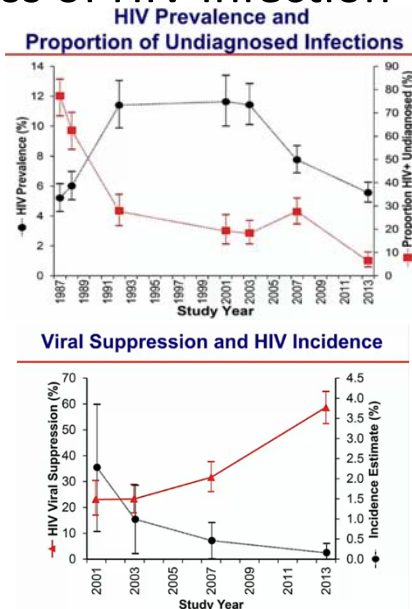
## Declines in “Late” Diagnoses

- 24% of HIV diagnoses were “late” in 2012
- Percentage of late diagnoses decreased overall, but few areas were <20%.
- Racial/ethnic disparities in late diagnoses:  
Blacks 38/105 MSAs;  
Latinos 68/105 MSAs



## Increased Awareness of HIV Infection

- De-identified serosurveys conducted on 18,240 untargeted adult JHH-ED patients between 1987-2013.
- Trends in HIV prevalence, cross-sectional incidence estimates, viral load and HCV prevalence.
- JHH ED HIV testing and linkage to care programs were initiated in 2005 and continue to date.



# Financial Incentives

El-Sadr Abstract #29

## HPTN 065

- Goal to determine feasibility of financial incentives to linkage to care and viral suppression

- 38 Sites  
– NYC & DC

[Most patients in care at these Sites]

### HPTN 065 Study Components

